

Emerson Hospital Hosts AARP Smart Driver Course on October 26th, 2015

Cars have changed, along with traffic rules and driving conditions since many people learned to drive decades ago. To help drivers stay safe, the Emerson Hospital Center for Rehabilitative and Sport Therapies is hosting an AARP Smart Driver Course on Monday, October 26th, from 10 a.m. to 3 p.m., at The Emerson Wellness Center for Mind and Body, 310 Baker Avenue, Concord.

Hosted by Emerson Hospital and led by an AARP consultant, this five-hour classroom refresher course encourages drivers to review the rules of the road, better understand the updated technology in new vehicles and learn strategies to compensate for age-related changes in vision, hearing and response time.

Materials, including a textbook, cost \$15 for AARP members and \$20 for non-members, with coffee and lunch included. Some car insurance programs give a discount for people who take the class, you can inquire with your insurance agent. Topics covered include how cars, roads and drivers have changed in the years since many people learned to drive. There is no written exam or driving test, and participants will receive a certificate of completion.

Parking is free at The Emerson Wellness Center, which is located at 310 Baker Avenue, Concord, less than a mile from Emerson Hospital. From Route 2, look for signs to Baker Avenue (across from Best Western and Paparazzi) and then for the Concord Meadows Office Complex, located at 300-310 Baker Avenue, on the right. Free parking is available in the office park.

For more information and to register, call Kristen Dixon Keilty at (978) 287-8244. Class size is limited so please call to register.

Emerson Hospital is a multi-site health system headquartered in Concord, Mass., with additional facilities in Sudbury, Groton and Westford. The 179-bed hospital provides advanced medical services to more than 300,000 individuals in 25 towns. To learn more, visit www.emersonhospital.org.