

# Spring has sprung at Bedford Recreation

## April Programs for adults

### **YOU CAN AFFORD COLLEGE IF...** with Dick Man, College Funding Advisors, Inc. of Bedford

...you PLAN in advance, you UNDERSTAND the financial aid process and you ACT early enough to be successful. Financial Aid goes to the families that plan in advance - ideally before December 31st of the child's sophomore year of high school. This course will teach you the concepts and strategies that will help you maximize your financial aid by understanding the process. A free financial aid analysis will be available to all attendees.

Thursday, April 16, 7:00-9:00pm. Fee: \$10 per family

### **STONE CARVING SATURDAYS** with Scott Cahaly, Stone Sculptor

In these one-day workshops, students have the opportunity to carve individual stones, an art form that is not typically accessible. Beginners and experienced sculptors alike will be guided through the process of looking into the rock for imagery, carving into material, planning and forming a sculpture, and using tools. Hand-carving techniques will be demonstrated, and stone carving lore will be discussed. Students will leave with a stone sculpture in hand. All materials will be provided. Ages 16+

Saturday, 9:30am-1:30pm. Dates available: April 18, May 23 or June 20. Fee: \$125 each session

### **PIZZA AND FOCACCIA** with Jeannette Pothier, Professional Chef

Pizza made at home can be one of our healthiest foods today. Let's look at the history of yeast dough and work with it to make focaccia bread and great pizzas. The dough will be ready for class and we will make the bread and pizza and then everyone will make dough to take home to be baked the next day or frozen.

Monday, April 27, 6:30 to 9:00pm. Fee: \$30

### **KIDS' PROTECTION PLANNING WORKSHOP** with David Feakes of The Parents Estate Planning Law Firm

Learn the 9 easy steps you can take to ensure that your children would always be taken care of if anything happens to you. Attorney Feakes focuses on guiding clients to preserve and protect their assets, loved ones, and legacies. Participants of this workshop will walk away with an understanding of what kind of plan they need to protect their families and how to preserve their intangible personal assets, including their values, stories, advice and memories.

Thursday, April 30, 7:00-8:30pm. Fee: \$10 per family

### **INVESTMENT STRATEGY FOR MID TO LARGE PORTFOLIOS**

with Kate Hurley, Investment Advisor, Stoddard Management

In this course, you will learn the same methods and techniques institutions and pension funds use to manage long-term portfolios. This approach can be applied to the management of a mid-to-large 401k, 403b, IRA, mutual fund or brokerage account or to a family's portfolio made up of several of these accounts. You will learn a step-by-step process to determine your goals, determine the investments needed to meet those goals and a system to monitor and manage your account or portfolio over time. Both experienced and novice investors will come away from this course with the ability to immediately employ this practical, common-sense investment method.

Wednesday, April 29, 7:00-9:00pm. Fee: \$25 per family

### **OIL PAINTING** with Corinne Mazza

Have you ever wanted to learn to paint? This is an instructional oil painting class, designed for any beginner and anyone else who would love to paint. Everyone will have an opportunity to create two paintings during the session. Learn various techniques and how to use a variety of brushes to apply oil paint to canvas in a fun and fast way. No drawing required.

Come see where oil painting can take you! All supplies included. Age 16+.

Thursdays, 7:00-9:00pm, 4/30-5/21. Fee: \$105.

**REGISTER HERE:** <http://goo.gl/tBD2gP>

Full program information available at: [www.bedfordrecreation.org](http://www.bedfordrecreation.org) or in the brochure mailed to your home.

Register by mail, on-line, fax or in person.

Bedford Recreation Dept., 12 Mudge Way, Town Center. Hours: M-F 9:00-4:00, Phone: 781-275-1392