



## Feasting from the Cookbook

### *A Cookbook Club with Cooking Demonstrations and Tasting*

**Tuesday, October 6 @ 6:30 pm**

Chef/cooking instructor Liz Barbour returns to lead the Bedford Library's Cookbook Club members through the tasty ins and outs of each monthly cookbook selection.

**CONTACT THE REFERENCE DESK TO RESERVE YOUR SPACE**

The first in a series, we will begin with an open discussion of the tasty ins and outs of this month's cookbook

selection: "Cook's Illustrated: The Science of Good Cooking."

Led by Liz Barbour, attendees are encouraged to share any recipe preparation experiences with the group. Following the discussion Liz will prepare two recipes from the book for everyone to taste. Liz will include information about the tools, ingredients, timing and cooking techniques necessary to complete the recipe.

In the weeks following Liz's demonstration members are welcome to post pictures and comments about the recipes they've tried from the selected cookbook on Liz's Facebook page, <https://www.facebook.com/thecreativefeast>

Here's how it works...

- Library staff will preselect a cookbook for each meeting from the list below and arrange for copies to be available for members.
- Each meeting will begin with an open discussion of the cookbook lead by Liz. Members will be encouraged to share any recipe preparation experiences with the group.
- Following the discussion Liz will prepare two recipes from the book selection for everyone to taste.
- Liz's demonstration will include information about the tools, ingredients, timing, and cooking techniques required to complete the recipes.
- In the weeks following Liz's demonstration members are welcome to post pictures and comments about the recipes they've tried from the selected cookbook on [Liz's Facebook page](#).

#### **Upcoming Cookbook Club events ~ Topics to be determined**

Tuesday, November 3, 2015

Tuesday, February 2, 2016

Tuesday, March 1, 2016

Tuesday, April 5, 2016