

Bedford Town “Take Your Own” Trail Walk to the New Davis Road Boardwalk, by Clem Larson

We have been encouraged by Sarah Stanton’s, Bedford Town Manager, recommendation (during this age of social distancing) to encourage exercise by walking our trails. Therefore, the Bedford Trails Committee is introducing a new approach—we’ll provide the description, map & directions, and you can take the trail walk at your convenience and your own pace.

Our walk starts at Winterberry Way and Carlisle Road (see map on next page), going through four Conservation Areas to reach the new Davis Road Boardwalk across from the White Cedar Swamp. We return via Winterberry Way. *Please see writeup at end for info on the Conservation Areas. Please see excellent article and pictures from The Bedford Citizen at: <https://www.thebedfordcitizen.org/2020/02/the-davis-road-boardwalk-build-it-and-they-will-come/> .*



Difficulty
Level:

Moderate. The trail walk is about 2.5 miles, about 1.5 hours. *Trails include tree roots, stepping over a downed tree, some uneven terrain, and could be wet or muddy.*

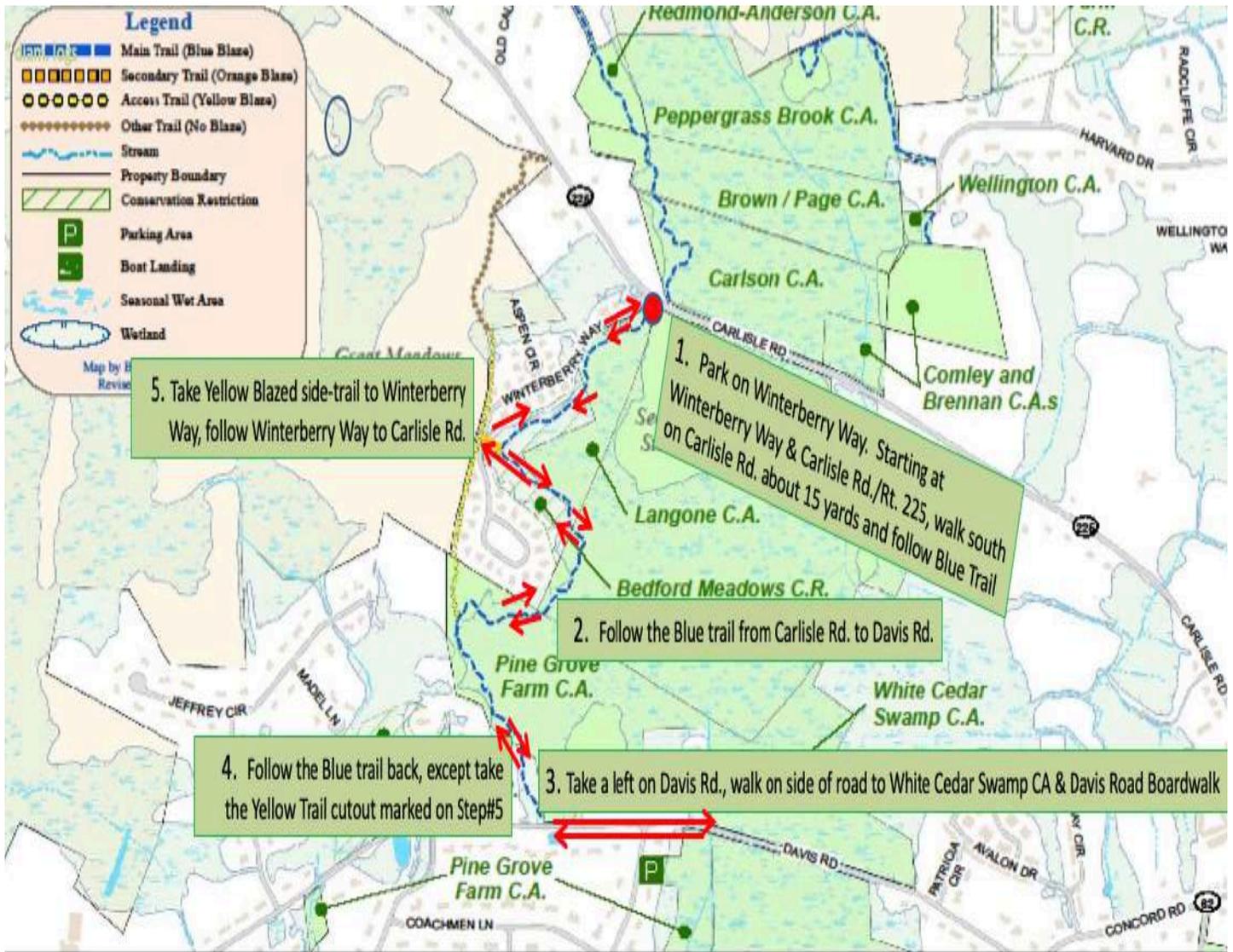
Where:

The walk starts at Winterberry Way and Carlisle Rd. (Rt. 225)—see map. Please park on Winterberry Way. From the Bedford Free Public Library, follow Great Road (Rt. 4) North. After 0.2 mi. take a left on Carlisle Rd./Rt. 225. After 0.8 mi., take a left on Winterberry Way. Total distance 1.2 mi.

NOTE:

Please wear walking shoes or boots that can handle wet and mud. Children and dogs on leash will enjoy the trail too!





Contact: Please check the Bedford Trails Google Groups page for information on current and future hikes: <https://groups.google.com/group/bedfordma-trails>

If you already have a Google account, click “Join Group to Post”
 If you don't have a Google account, please send an email to BedfordMA.trailwalks@gmail.com and you'll be added to the Group.

Langone and Pine Grove Farm Conservation Areas

Donated to the Town in 1995, the Langone Conservation Area provides an important link between the Carlisle Road conservation areas and the Pine Grove Farm Conservation Area on Davis Road. Pine Grove Farm consists of five parcels donated in memory of the Lewellen family in 2002. These gifts, along with the Bedford Meadows Conservation Restriction on Winterberry Way, complete a long-planned network of continuous trails, conservation areas, and wildlife habitat corridors. Combined, it comprises approximately 350 acres of protected land and 5 miles of trails between North Road and Davis Road.

The 1.2-mile-long blue trail is narrow at both entry points and widens in the middle where the trees are less clustered. The trail passes through forested wetlands of red maple and near an Atlantic white cedar swamp. Oaks and white pine make up the majority of the remaining tree canopy over the trail. Near Davis Road remnants of the old farm remain, with barbed-wire fence running along the stone wall. The trail is generally an easy walk with flat terrain, although it can be seasonally wet.